

## FAQ's

### How do I determine what level my child is?

If your child is 6-months to 3-year olds refer to Parent and Child lessons.

If your child is ages 4 to 5-years old, refer to Preschool Aquatics.

If your child is over the age of six, refer to Learn To Swim 6+.

I work through the skill progression of a Learn-to-Swim program based on ability level. The prerequisite for each level is the successful demonstration of skills from the preceding level, except for Level 1, which has no prerequisites.

### What do we bring to class?

Please send kids in appropriate swimwear, goggles, and a towel. They should be dressed, ready, and have used the facilities prior to class time.

Please don't bring puddle jumpers, floaties, full face masks, or toys that will distract them.

### What time should we arrive for class?

Please don't arrive more than 10 minutes prior to the start of your class.

### Should I stay and watch my child's swim class? Yes

Please! Look on and be supportive from the bleachers.

### What if we miss a class?

There will be NO makeup classes available.

### What is the water temperature of the pool?

The pool is set at an optimal temperature for lap swimming between 78-82°, which at times can be a little cooler for littles. Tight fitting rash guard shirts can be worn to help keep kids warm.

### Contact Coach Amy:

South Haven High School Pool

600 Elkenburg Street, South Haven, MI 49090

Pool phone: 269-637-0581, if no answer, please leave a message after 8 rings.

Email: [pool@shps.org](mailto:pool@shps.org)